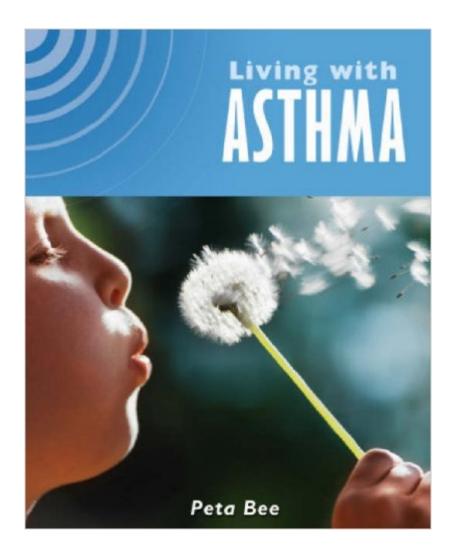
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## **Living With Asthma**





## Synopsis

This engaging book gives readers a clear idea of what it is like to live with asthma both for sufferers and their family and friends. Looking at the different lives of three individuals, the book describes what asthma is, what triggers it, in particular house-dust mites, how medicines can help, how to avoid asthma triggers, how to exercise when exercise triggers asthma, protecting against poor air quality, what to do in an emergency, and getting help.

## **Book Information**

Series: Living with (Book 12) Paperback: 32 pages Publisher: Hodder Children's Books (November 17, 2005) Language: English ISBN-10: 0750249404 ISBN-13: 978-0750249409 Product Dimensions: 8.5 x 0.2 x 10.6 inches Shipping Weight: 5.6 ounces Average Customer Review: Be the first to review this item Best Sellers Rank: #11,916,081 in Books (See Top 100 in Books) #77 inÅ Books > Health, Fitness & Dieting > Children's Health > Asthma #29972 inÅ Books > Politics & Social Sciences > Politics & Government > Public Affairs & Policy > Social Services & Welfare #59328 inÅ Books > Health, Fitness & Dieting > Diseases & Physical Ailments

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